

KJERSTI E. BOWEN, MSW, LCSW

EDUCATION

University of Alaska Anchorage
Master of Social Work 2013
Research: Healing and Learning Together: Faculty Reflections on Trauma Histories in the Classroom
Honors: Phi Alpha National Honor Society

Adams State University
B.A. Education 1988
Areas of Concentration: Biology, English

LICENSURE: STATE OF ALASKA

Licensed Clinical Social Worker #108906 2016-present

CREDENTIALING

CAQH ID# 14355838

CLINICAL SOCIAL WORK EXPERIENCE

Fairbanks Community Mental Health Services
Directing Clinician - Adult Program 09/2013-
present

Currently directing clinician to seriously mentally ill adults; and, as part of multidisciplinary team provide: Assessment; Diagnosis; Treatment planning; Individual and group psychotherapy; Crisis intervention; Psychosocial skills training; Case management; and Documentation.

North Star Residential Treatment Center
MSW Intern - Clinical 2012-2013

Provided assessment, treatment planning, and individual, group, and family therapy for adolescents experiencing mental health and behavioral challenges.

Office of the Long-Term Care Ombudsman
MSW Intern 2012

Provided accountability to Assisted Living Facilities in support of resident rights, privacy, and confidentiality; Visited residents; Identified concerns; Investigated complaints; Developed reports; Conducted research on volunteer ombudsman experiences and perceptions; Formulated recommendations to increase participation in, and efficacy of, the volunteer ombudsman program.

CLINICAL TRAININGS: 2017-2019

Somatic Experiencing Trauma Institute
Beginning I, II, and III 2016-2017
Intermediate I, II, and III 2018
Advanced I 2019

ASAM Training 2019
Advanced Trauma Training Institute - Focused on Trauma Informed CBT 2019

Efficacy in Work with Alaska's Indigenous Populations:
Ethics, Culture and Best Practices 2019
PESI - Dialectical Behavioral Therapy Intensive Training 2018

Why Providers are Losing the War on Medical Necessity	2018
Ethical Challenges in Treatment of Convicted Sex Offenders	2018
Six Types of Sex Use Disorder	2017
Zur Institute - Boundaries in Psychotherapy and Counseling; Dual Relationships: The Ethical Way	2016
Challenging Behaviors: Ethical Issues and Decision Making	2016
Traditional Health Based Practices	2016
Alaska Annual Training Institute - 12.5 credits	2016
Alaska Psychiatric Association DSM-5 Training	2015
Attachment, Self-Regulation & Competency	2014
Trauma 101	2014
The Body Keeps Score: The Science of Traumatic Stress	2014
Historic Trauma/Historic Strengths - Navigating Wellness	2014

RELATED EXPERIENCE

Resource Center for Parents and Children

Family Services Worker

12/2006 -

08/2011

Served families in the Family Preservation and Time Limited Family Re-Unification Programs; Assessed family functioning; Created individualized family service plans; Provided parent education/coaching; Supervised family contact; Participated in multi-disciplinary team and team decision making meetings; Documented contacts; Provided court testimony when subpoenaed; Participated in weekly clinical supervision.

Presbyterian Hospitality House, Emergency Shelter

Teaching Parent/Site Administrator

01/2006-10/2006

Served Fairbanks' runaway and homeless youth ages 10-18, in a residential setting; Provided a safe, positive, structured environment with predictable consequences, healthy social interactions, good nutrition, academic support, recreational and cultural opportunities, and transportation. Coordinated with school administrators, teachers, and homelessness liaison. Obtained medical care, mental health screening, and follow-up care for youths. Coordinated with Office of Children's Services and law enforcement. Supervised assistant teaching parents and night monitors. Accountable for budgeting, program purchases, menu planning and meal preparation, and completed monthly financial and service reports. Maintained assets; Developed program documentation.

Presbyterian Hospitality House

Assistant Teaching Parent

09/2003 -

12/2005

Collaborated with Teaching Parents to provide Level 3 Residential Treatment to youths ages 11-18; Implemented Teaching Family Model; Assisted in family contacts; Taught life and employment skills; Communicated with teachers and school administration, monitored academic and behavioral progress at school. Provided safe, healthy recreational and cultural opportunities.

TEACHING EXPERIENCE

Nenana City School District, Nenana, AK

Teacher

08/1998-05/2003

Grades 7-10 multiple subjects; Grade 1

Wrangell City School District, Wrangell, AK

Substitute Teacher

08/1997-05/1998

Multiple subjects - K-12

Lake and Peninsula School District, King Salmon, AK

Teacher, substitute teacher, teacher's aide
Multiple grade levels

08/1989-05/1997

Bering Straits School District, Gambell, AK
Teacher

08/1988-05/1989

Multi-grade bilingual classroom, grades 1-2

VOLUNTEER EXPERIENCE

Natural Helpers - Bristol Bay

Advisor

1991

Implemented a peer helper program for high and middle school students.

Igiugig Cooperative Preschool

Founder/Teacher

1992-1993

Founded and taught a village preschool in collaboration with other parents, which later gained the financial support of the Village Council.

MEMBERSHIPS

National Association of Social Workers

Somatic Experiencing Trauma Institute